



All Saints CE Primary School and Nursery

Medium Term Planning



Class teacher: Mrs Korzeniewski Year group: 4 Term: Autumn 1

Subject: PSHE - Keeping Safe

Lesson	Learning Goal (L.G.) SEN - supported by adults/questioning/modelled work	Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science, Kapow French or Music, Purple Mash computing)	Key Vocabulary covered
1	Road and water safety	Show route to Pingles Leisure Centre, discussing walking and road safety. Share expectations of behaviour at swimming and by water.	Safe, Unsafe, Body space, Choices Rules, facial expressions, body language
2	LG: why do we have rules?	Work on the school and classroom rules. Why do we have them and what we can do to make sure we follow them?	Secret, Sad, scared, frightened Petified, terrified, bothered Unhappy, pressure, devastated
3	LG: zones of regulation and how they help us	Zones of regulation reminder SCARF: different feelings. How do we make a difference?	Independent, miserable, distressed Lonely, alone, ignored, isolated
5	LG: Rights and Responsibilities	Protective behaviours	Physical effects, Surprise Feelings, Uncomfortable
6	LG: Safe and Unsafe feelings	Protective Behaviours	feelings Danger, persevere, dangerous

7	LG: safe and unsafe secrets LG: my network hand	Protective Behaviours	Assertive, risk, risky, hazard, hazardous
8	First Aid	First Aid lesson 1: Medicines: check the label	<p>medicine</p> <p>We all have the right to feel safe all the time</p> <p>We can talk with someone even if it feels awful or small</p> <p>We use the correct body part names</p> <p>Early warning signs , Network , Feelings</p> <p>My body, Private , Private parts</p> <p>Secrets, Safe secrets, Unsafe secrets</p> <p>Tell, Network review , Responsibility</p> <p>Right, Water, Safety, risk, Danger</p> <p>Hazard, Edge , Think , Stop , Look</p> <p>Listen, Wait, Arrive , Green cross code</p> <p>Vigilant , Community , Alert, Road</p>