In A World Where
You Can Be Anything,
Be Kind.

Jessamundo.

All Saints CE Primary School and Nursery Wellbeing Newsletter

Spring 2025

Random Acts of Kindness Week 14th- 20th Feb
World Book Day 7th March
World Wildlife Day 3rd March
Red Nose Day 15th March
International day of Happiness 20th March

Protective Behaviours

Protective Behaviours is a practical and down to earth approach we use to teach personal safety.

Feelings are feelings! It is important to know when we are feeling safe and when it's ok to have some adventurous fun. It can feel fun to take risks, when we have choice, control and

SCARF

During Spring term all children will be learning about **Valuing Difference** in their PSHE lessons.

This unit will help children to develop respectful relationships with others, recognise bullying and, for older children, to understand their responsibilities as a bystander. This contributes to a school's work around British values.

They will be learning:

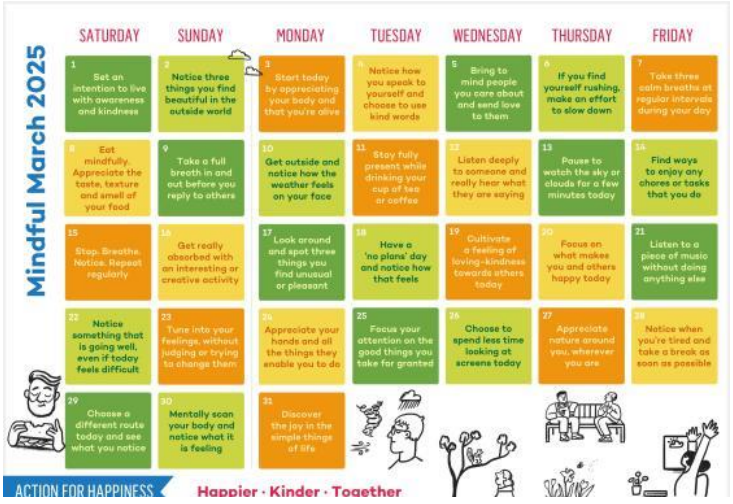
- Things that make us the same or different from each other.
- Celebrating our differences.
- Showing kindness at home and in the community.
- Why is listening carefully important? How can I be a good listener?

Take a look at the following links for more information and ideas to do at home...

https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/valuing-difference-3-5-years

https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/valuing-difference-5-7-year

https://www.coramlifeeducation.org.uk/family-scarf/scarf-at-home/valuing-difference-7-9-years

Random Acts of Kindness Day

Celebrated in February, National Random Acts of Kindness week has grown in popularity each year. It is celebrated by individuals, groups and organisations, nationwide, to encourage acts of kindness.