

Dear Parents/Carers

Protective Behaviours (PB's) is a safety awareness and resilience building programme which helps children and adults to recognise any situation where they feel worried or unsafe, such as feeling stressed, bullied or threatened; and explores practical ways to keep safe.

The sessions are around these two key messages: 'We all have the right to feel safe all the time' and 'We can talk with someone about anything, even if it feels awful or small'.

Every year group throughout the school will start the Protective Behaviours programme during this term and one lesson will be taught each week over a period of 4 weeks.

https://www.allsaintsceprimaryschoolandnursery.co.uk/

All the information can be found under the 'Curriculum' drop down menu. Go to 'PSHE' and scroll down to the 'Protective Behaviours' section. Click on the 'we all have the right to feel safe' link to read the booklet.

If you do have any questions or require any further information, please don't hesitate to contact your class teacher.

Yours sincerely

Lisa Harrison Head Teacher



Knebley Crescent Nuneaton CV10 7AT Tel: 02476 382123

email: admin3101@welearn365.com head3101@welearn365.com

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> Headteacher Lisa Harrison

